
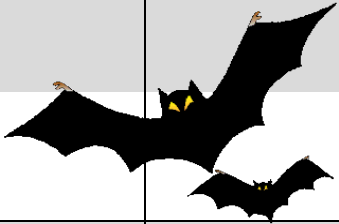




October 2020-Satanta School Menu

Menu items subject to availability.

	Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast served with Milk, Juice & Water.			Grade School 7:35-8:00	Secondary School 7:30-8:00
	Lunch served with Milk & Water. No Salad Bar due to COVID-19. Whole grain products and ingredients are used daily.			Grade School 11:30-12:25	1st - 12:07-12:32 2nd - 12:32-1:05
Breakfast					
Lunch	 				
Breakfast	5 Cereal of Choice String Cheese, Cantaloupe	6 Dutch waffles w/syrup Fruit Cocktail	7 Bagel w/Cream cheese Fresh Grapes	8 Pumpkin Muffins Yogurt cups, Sliced Pears	9 Cheese Omelet w/salsa Sliced Bread, Pineapple sliced
Lunch	Chicken Quesadilla Black bean & corn Tortilla Chips/ Salsa Cantaloupe	Ham & Cheese Sandwich Potato Wedges, pineapple slices Lettuce, Tomatoes slices Mayo-Ketchup-Mustard	White Chicken Chili Corn Bread/ Honey Peas and Carrots Fresh Grapes	Pork Rib Au Gratin Potatoes Roll & Honey Fruit Cocktail	Pepperoni Pizza Macaroni Salad w/ fresh cucumbers Oatmeal Cookies Sliced Pears, Ranch dressing
Breakfast	12 Breakfast Pizza Apple Wedges	13 French Toast Stick w/syrup Oranges	14 Peach Parfaits Cereal Bar	15 Biscuit & Gravy Pineapple Chunks	16 NO SCHOOL
Lunch	Stromboli Seasoned Carrots Apple Wedges	Taco Soup Tortilla Chips/ Salsa Steamed Broccoli Pineapple chunks	Hamburger/ Bun French Fries, strawberries & bananas Lettuce, Tomato slices, Pickles Mayo-Ketchup	No Lunch- 1/2 day of school PT Conferences	
Breakfast	19 NO SCHOOL	20 Pancake on a stick w/syrup Tropical Fruit	21 Cereal Bar String Cheese	22 Scrumptious Coffee Cake Rosy applesauce	23 Breakfast Pita w/salsa Apple Wedges
Lunch		Spaghetti w/ meat sauce Sliced Bread, Peas & Carrots Rosy Applesauce Parmesan Cheese	BBQ Chicken Baked Beans, Savory Rice Fresh Cauliflower, Mango Ranch Dressing	Beef and Bean Burrito Tortilla Chips w/salsa Mexican Corn Orange Wedges	Chili Beans/ Crackers Cinnamon Roll, Tropical Fruit Celery stick & baby carrots Ranch Dressing
Breakfast	26 Cinnamon Rolls Frozen Strawberries	27 Breakfast Burrito w/salsa Fresh Oranges	28 Pop-tart Yogurt Cup, Sliced Peaches	29 Breakfast Pizza Pineapple Chunks	30 Dutch waffles w/ syrup Blood Oranges
Lunch	Biscuit & Gravy Sausage Patty, Hash Brown Red Bell Pepper, fresh Strawberries Ketchup-Ranch Dressing	Nacho Supreme Refried Beans/ Salsa Lettuce-Tomatoes Fresh Oranges	Beef & Noodles Mashed Potatoes, Roll & Honey California Blend Veggies Sliced Peaches	Macaroni & Cheese Meatballs, Roll & Jelly Seasoned corn Apple Salad	Corn Dog Tater Tots, Green Beans Gelatin w/ fruit cocktail Ketchup-Mustard

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